Self-Help Books In Order

1. Help Yourself: Finding Hope, Courage, And Happiness – 2000
2. Dave Pelzer's Life Lessons: From a Man Who Knows – 2000
3. Help Yourself for Teens: Real-Life Advice for Real-Life Challenges – 2005
4. Moving Forward: Taking the Lead in Your Life – 2008

Free printable from bookishwisdom.com